

22 Things You Can Do To Improve Your Exam/Quiz Grades

Dear Student: Research shows that the following efforts will help contribute to improved examination or quiz grades. These are being recommended to you if you are not content with your exam or quiz grades.

1. Study for more hours.
2. Read the book/text/readings more carefully.
3. Study in a quiet environment with few interruptions.
4. Use a tape-recorder.
5. Read the text/readings more times.
6. Take better class notes.
7. Take notes on readings.
8. Cut back on time socializing, partying, watching TV, etc.
9. Get any class notes missed from someone (classmate).
10. Make and use flashcards.
11. Study with someone (classmate).
12. If you have an outside job, work fewer hours at part- or full-time job.
13. Talk with the instructor. Clarify how and what to study.
14. Come to class more regularly and come on time and prepared to stay for the entire class period.
15. Resolve any family/personal crisis. Visit the college mental health center if needed.
16. Get more sleep. Lower stress levels.
17. Work with a tutor.

18. Study class, text and reading notes more carefully and more often.
19. Use college support services (e.g., reading center, writing center, tutoring center, etc.)
20. Pay more attention in class. Participate in class discussions and ask questions.
21. Buy the text if not had previously.
22. Maintain a strong positive and optimistic academic attitude.

